



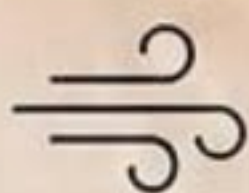
USTER ENERGIZING EXPERIENCES

EMBODIED *Connection*

By Alliyah



SOMATIC
MOVEMENT



BREATH
AWARENESS



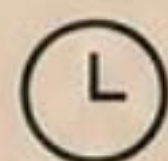
AUTHENTIC
CONNECTION



PRESENCE &
AWARENESS



SATURDAY
12 SEPTEMBER
2026



10:00 – 13:00



ZÜRICHSTRASSE 30
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